

Appendix H

Implementation Beliefs Assessment

Implementation Beliefs Assessment

Student name:

Implementer name:

Date:

Thank you for taking the time to complete the Implementation Beliefs Assessment. The Implementation Beliefs Assessment consists of 19 statements about implementation of school-based interventions. Please consider each statement with regard to your own implementation and rate the extent to which you agree or disagree by circling a number on a scale of 1 to 7. The qualification associated with each number is written above each number on the next page. For example, circling “1” means that you completely disagree with the statement as it applies to you, circling “7” means you completely agree with the statement as it applies to you, and circling 4 means you neither agree nor disagree with the statement as it applies to you.

Implementation Beliefs Assessment	Completely disagree	Mostly disagree	Moderately disagree	Neither agree nor disagree	Moderately agree	Mostly agree	Completely agree
1. As a result of this intervention, the student(s) will perform better in school.	1	2	3	4	5	6	7
2. I believe I can maintain this intervention for an extended period of time.	1	2	3	4	5	6	7
3. I can implement this intervention as long as needed.	1	2	3	4	5	6	7
4. The student(s)' performance will improve as a result of using this intervention.	1	2	3	4	5	6	7
5. I can figure out how to restart this intervention if implementation is disrupted.	1	2	3	4	5	6	7
6. I have the ability to implement each component of this intervention.	1	2	3	4	5	6	7
7. I can resume this intervention after a scheduled break.	1	2	3	4	5	6	7
8. I have the ability to start implementing this intervention after a break.	1	2	3	4	5	6	7
9. I can stick to implementing all steps of this intervention.	1	2	3	4	5	6	7
10. I am prepared to implement this intervention.	1	2	3	4	5	6	7
11. I believe I can implement this intervention.	1	2	3	4	5	6	7
12. I can sustain intervention implementation.	1	2	3	4	5	6	7
13. I can continue implementing this intervention regardless of obstacles/challenges.	1	2	3	4	5	6	7
14. I can restart implementation of this intervention efficiently after an interruption.	1	2	3	4	5	6	7
15. I have the necessary skills to carry out this intervention.	1	2	3	4	5	6	7
16. This intervention will work.	1	2	3	4	5	6	7
17. This intervention will benefit the student(s).	1	2	3	4	5	6	7
18. I am capable of resuming implementation of this intervention.	1	2	3	4	5	6	7
19. I know the steps that will allow me to implement this intervention effectively.	1	2	3	4	5	6	7

Implementation Beliefs Assessment (con't)

Student name:

Implementer name:

Date:

Outcome Expectations: one's perceptions of the outcomes or likely consequences of changing their behavior	
	4. The student's performance will improve as a result of using this intervention.
	17. This intervention will benefit the student.
	16. This intervention will work.
	1. As a result of this intervention, the student will perform better in school.
OUTCOME EXPECTATIONS AVERAGE $[(SUM\ of\ above\ items / 4) \times 100]$	
Self Efficacy: one's belief in his or her ability to deliver the intervention to the student in the short- and long-term	
Implementation Self-Efficacy: one's confidence in being capable of performing a difficult or novel behavior.	
	11. I believe I can implement this intervention.
	6. I have the ability to implement each component of this intervention.
	19. I know the steps that will allow me to implement this intervention effectively.
	15. I have the necessary skills to carry out this intervention.
	10. I am prepared to implement this intervention.
Maintenance Self-Efficacy: one's confidence in being capable of keeping up a difficult behavior over time	
	3. I can implement this intervention as long as needed.
	9. I can stick to implementing all steps of this intervention.
	12. I can sustain intervention implementation.
	2. I believe I can maintain this intervention for an extended period of time.
	13. I can continue implementing this intervention regardless of obstacles/challenges.
Recovery Self-efficacy: one's confidence in being capable of resuming a difficult behavior after an interruption	
	14. I can restart implementation of this intervention efficiently after an interruption.
	7. I can resume this intervention after a scheduled break.
	5. I can figure out how to restart this intervention if implementation is disrupted.
	18. I am capable of resuming implementation of this intervention.
	8. I have the ability to start implementing this intervention after a break.
SELF-EFFICACY AVERAGE $[(SUM\ of\ above\ self-efficacy\ items / 15) \times 100]$	
IMPLEMENTATION BELIEFS ASSESSMENT TOTAL SCORE $[(SUM\ of\ all\ items / 19) \times 100]$	